

Monday: Psalm 27:1-14. Reflect: David faced opposition from those who were seeking to bring him down, but the greater battle is in his own heart as fear and faith struggle to get the upper hand in his thinking. What situations that could cause you fear are you facing now, or in the recent past, that require you to assert your trust in the Lord? Use verses 8 & 14 as your prayer today.

Tuesday: Psalm 32:1-11. Consider: Look again at verses 1 & 2 to realise how blessed you are if you have moved from failure to forgiveness, as David recognises. Spend some time in praise and thanksgiving in response.

Wednesday: Psalm 34:1-22. Key verse: Think about the great promise in verse 15 – God’s ears are always open to us when we cry out to him. In fact he is watching over us, not to find fault but to encourage us and keep us in his ways.

Thursday: Psalm 42:1-11. Challenge: When it feels as though God has forgotten you (He never does!) do you have the same attitude as the Psalmist, and thirst after God? It is only those who are thirsty who will receive the living water that Jesus supplies (John 7:37-39).

Friday: Psalm 46:1-11. Trust: Declaring and affirming our faith is the way to dispel our fears, as the Psalmist shows us in verses 1 and 2. Thank God that verse 1 is true of Him, who is unchanging, whether or not verse 2 is true of us!

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